



Recreation Directory

A Family Guide to Leisure Activities

“LIFE (Leisure Is For Everyone)!”



State Support Team Region 10
4801 Springfield Street
Dayton, OH 45431
(937) 236-9965
www.sst10.org

Revised 10/10/17

Dear Reader,

Hopefully, you will find the information contained in this Directory helpful. We realize that this is not a comprehensive list of every Recreation or Leisure activity available to people with disabilities in the Miami Valley area of Ohio. If you know of any other options to include in future releases of this document, please email complete details to MiamiValleyPAC@gmail.com for consideration.

Please note: **Summer Camp** options can be found on the **State Support Team Region 10 website**, under *Parent & Family Engagement – Online Resources for Families & Parents*.

<http://www.sst10.org/Content2/86>

Remember, “LIFE (Leisure Is For Everyone)!”

Sincerely,

Members of the Parent Advisory Council
State Support Team Region 10

Notice: The resources listed in this document are provided for informational purposes only and should not be viewed as an endorsement by the State Support Team Region 10 organization.

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Americans with Disabilities Act (ADA) and the right to Inclusion

The Americans with Disabilities Act (ADA) protects the rights of people with disabilities. With regard to participation in recreation and sports activities, opportunities that are offered for people without disabilities most also be available to those who have a disability. This is commonly referred to as Inclusion.

Most general definitions of **Inclusion** emphasize "involvement" of people with different backgrounds and abilities. Referring to the Americans with Disabilities Act (ADA), the "most integrated setting" is one in which people, with and without disabilities, participate together. (See Title II regulation issued by the U.S. Department of Justice.)

The ADA requires that parks and recreation programs and services be provided in the "most integrated setting." Although it does not prohibit special programs that are designed especially for people with disabilities, inclusive options must be offered for standard programs. Equal opportunity to participate may require reasonable program accommodations.

- For more information on Americans with Disabilities Act (ADA) see *Recreation Access Rights Under the ADA* by John McGovern, JD

<http://www.multibriefs.com/briefs/wpra/recreationaccess.pdf>

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Recreation Centers

Greater Dayton Recreation Center (GDRC)

2021 W 3rd St
Dayton, OH 45417-2540

Phone: (937) 333-4REC (4732)

Website: <http://www.daytonohio.gov/422/Recreation-Youth-Services>

City of Kettering Recreation Department

3600 Shroyer Rd
Kettering, OH 45429

Phone: (937) 296-2587

Website: <http://www.playkettering.org/krc/>

Email: adaptive.recreation@ketteringoh.org

Aquatics

- Ages: 3-17
- Offers one on one swim instruction for children with physical or emotional needs. This is not a therapeutic swim program. For complete details on the Adaptive Swim Program please call (937) 296-3368.

Camp Discovery

- Ages: 7-18
- Summer Camp for youths with special needs that focuses on social and communication skills using fun activities.

Northwest Recreation Center

1600 Princeton Ave
Dayton, OH 45406

Phone: (937) 333-3322

Website: <http://www.daytonlocal.com/listings/northwest-recreation-center.asp>

South Metro Sports

10561 Success Ln
Centerville, OH 45458

Phone: (937) 885-7590

Website: <http://smetrosports.com/>

Troy Recreation Center – The Rec

11 N Market St
Troy, OH 45373

Phone: (937) 339-1923

Website: <http://www.troyrec.com/>

Washington Township Recreation Center (WT Rec)

895 Miamisburg-Centerville Rd
Dayton OH 45459

Phone: (937) 433-0130

Website: <http://www.washingtontwp.org/recreation>

Email: lfields@washingtontwp.org

- Fall of 2017, WT Rec is forming an All-Inclusive & Adaptive Sports league. Adapted kickball is the first offering. Contact Lori Fields for more information or to volunteer.

YMCA of Greater Dayton

Website: <http://www.ymcaonline.org/>

YMCA Locations: Downtown, Englewood, Fairborn, Huber Heights, Kettering, Preble County, Springboro, Trotwood, West Carrollton, and Xenia.

A Kid Again

Home Office

777-G Dearborn Park Ln
Columbus, OH 43085

Phone: (614) 797-9500

Website: <https://akidagain.org/>

Email: customerservice@akidagain.org

Southwest Ohio Office

9600 Montgomery Rd, LL Ste 4
Cincinnati, OH 45242

Phone: (513) 232-5104

Website: <https://akidagain.org/chapter/southwest-ohio-chapter/>

Email: southwestohiochapter@akidagain.org

- Non-profit organization
- Age: under 20 years
- A Kid Again hosts year-round events to support families caring for children with life-threatening illnesses. Must have a medical diagnosis to complete required enrollment.
- Events involve the entire family

Adventures in Movement

AIM for the Handicapped

945 Danbury Rd
Dayton, OH 45420

Phone: (937) 294-4611 or (800) 332-8210

Website: <http://www.aimforthehandicapped.org/>

Email: aimforthehandicapped@aimforthehandicapped.org



- Non-profit organization
- Adventures in Movement (AIM) is a movement education program designed to help individuals with disabilities reach their highest potential. AIM is used to improve balance, coordination, muscle tone, and cognitive skills, while moving to music. Participants are asked to hold a regular 30 minute session, at least once a week.
- Contact AIM for the Handicapped for information about the **AIM for the Handicapped Water Program**. This program is offered contingent on availability of a facility and volunteers.

Amusement Parks

Cedar Point

1 Cedar Point Dr
Sandusky, OH 44870



Phone: (419) 627-2350

Website: <https://www.cedarpoint.com/>

- Park Accessibility - <https://www.cedarpoint.com/help/accessibility> and downloadable policy guide
- **Special Access Entrances** available with a **Ride Admission Slip** from Guest Services
- Specific boarding times are assigned by the Ride Associate at each Special Access Entrance. Rider and up to 3 guests can then return to the Special Access Entrance at the assigned time to ride without waiting in the queue.
- Service animals are welcome
- Braille and Large Print guides of the park are available at Guest Services

Coney Island

6201 Kellogg Ave
Cincinnati, OH 45230



Phone: (513) 232-8230

Website: <http://coneyislandpark.com/>

Kings Island

6300 Kings Island Dr
Mason, OH 45040



Guest Services: (513) 754-5500

Website: <https://www.visitkingsisland.com/>

- Park Accessibility - <https://www.visitkingsisland.com/help/accessibility> and downloadable policy guide
- **KidTrack** wrist band program
- **Special Access Entrances** available with a **Ride Admission Slip** from Guest Services
- Specific boarding times are assigned by the Ride Associate at each Special Access Entrance. Rider and up to 3 guests can then return to the Special Access Entrance at the assigned time to ride without waiting in the queue.
- Service animals are welcome
- Braille and Large Print guides of the park are available at Guest Services

Art Programs

K-12 Gallery & Tejas (Teen Educational and Joint Adult Stud

341 S Jefferson St
Dayton, OH 45402



Phone: (937) 461-5149

Website: <http://k12tejasgallery.org/>

- Non-profit visual arts center that inspires people of all ages to imagine, learn, and create art in a unique and encouraging environment
- ADA-compliant space
- Summer camp options are available
- Volunteers can contact the TEJAS Director at the phone number listed above for information

Spark Art Studio

3126 Wilmington Pk
Kettering, OH 45429



Phone: (937) 640-3423

Website: <https://sparkartstudio.com/>

Email: info@sparkartstudio.com

- Art enrichment program for all ages
- Private music lessons are also offered in addition to numerous Art classes
- Summer camp options for ages 4-14
- Private Art classes are available
- Drop-in classes are offered

We Care Arts

Berkeley Center – Main Studio
3035 Wilmington Pk
Kettering, OH 45429



Phone: (937) 252-3937

Website: <http://www.wecarearts.org/>

Email: tschalnat@wecarearts.org

- **ArtWORK** program is provided at four locations and uses Art to teach and reinforce life-skills. The Berkeley Center in Kettering, St. Mark Lutheran Church in Fairborn, Zion Church in Tipp City, and the Cherry Street Clubhouse in Eaton
- Classes include: Decorative painting, Clay, Digital Art, Sewing, Jewelry Creation, and Fine Arts
- Artists have the opportunity to sell their creations for a profit at the We Care Arts Gift Shop in Town & Country Shopping Center, 300 East Stroop Rd, Kettering, OH and online <http://www.wecarearts.org/shopping/home.php>

Car Clubs

Joy Ride Cars

Website: <http://joyridecars.org/>

Email: info@joyridecars.org

Facebook: <https://www.facebook.com/JoyRideCarsOrg/>

- Ages 3-22
- Non-profit organization, Dayton, Ohio
- Car club for kids with special needs established in 2016
- Registered members have an opportunity to ride in high-end cars at sponsored events
- Membership Application: <http://joyridecars.org/become-a-member/>
- Owners of high-end cars can register to provide rides
- Volunteers are welcome to register as well

Cheerleading, Dance & Color Guard

Beavercreek All-Stars Dance Team

- Beavercreek High School program
- Practice runs from October until mid-April
- Advisor & Coach: Paige Rizzotte

Email: Paige.Rizzotte@Beavercreek.k12.oh.us

Phone: (937) 429-7547

Centerville Sparkle

Email: centervillesparkle@gmail.com

- Coordinated by members of the Centerville High School Varsity Football and Competition Cheerleading squads
- Ages: Preschool through high school
- Perform at Centerville Football, Soccer, and Basketball games
- Parent information meeting held in June

Miami Valley Adaptive Color Guard

PO Box 422

Miamisburg , OH 45343-0422

Website: <http://www.mvacg.org/>

Email: MiamiValleyACG@gmail.com



- Non-profit organization
- Fall Guard season (practice July – September)
- Winter Guard season (practice November – April)
- Practice is at Jane Chance Elementary in Miamisburg.
- Accepts students in grades 3 – 12

Smile Awhile MVDSA Dance

Classes are located at the Smile Awhile Dance Studio
941 E Franklin St, Upper Level
Centerville, OH 45459

Studio Phone: (937) 654-1830

Website: <http://www.smileawhiledance.com/>

MVDSA Program information: <http://www.mvdsa.org/programs/smile-awhile-mvdsa-dance>

- Individuals with **Down Syndrome** of all ages may participate
- Classes are broken down into 3 age groups
- Must be a member of MVDSA to enroll
- Contact the MVDSA for more information (937) 222-0744

Warrior Elite Dance Team

Practice location: Studebaker Gym
5950 Longford Rd
Huber Heights, OH 45424

Email: Tara Taylor at ttaylor4781@gmail.com

- First practice usually starts in early December
- Ages: Preschool through high school
- Open to students with disabilities in ALL school districts

Farms

Aullwood Audubon Center and Farm

Aullwood's Marie S. Aull Education Center
1000 Aullwood Rd
Dayton, OH 45414
Phone: (937) 890-7360

Aullwood's Charity A. Krueger Farm Education Center
9101 Frederick Pk
Dayton, OH 45414
Phone: (937) 890-2968

Website: <http://aullwood.audubon.org/>

Facebook: <https://www.facebook.com/AullwoodAudubon/>

- School and Youth Programs
- Eco-tours
- 4-H Programs
- Education is at the heart of Aullwood's mission

Good Works Farm

3427 Waynesville Rd
Bellbrook, OH 45305

Phone: (937) 825-7470

Website: <http://www.goodworksfarm.org/>

Facebook: <https://www.facebook.com/pg/GoodWorksFarmInc/events/>

Email: contactus@goodworksfarm.org

- Ages 5 and older
- Summer Enrichment Day Camp for individuals with developmental disabilities, especially designed for people with Autism
- Special Events
- Family Night

Triangle Therapy Services, LLC

Barn Buddies Program, Tiny Talkers, & Hippotherapy

911 W Main St
Eaton, OH 45320

Phone: (937) 456-6505

Website: <http://www.triangletherapyservices.com/home.html>

Contact: Margie Benge, OTR/L HPCS at info@triangletherapyservices.com

- **Barn Buddies** is a social skills group for children with **autism**
- The year round program is for children with autism ages 11-15
- Summer programs are available for children with autism ages 4-10
- See the website for complete details

- **Tiny Talkers** is a speech enrichment group
- One week program is offered in the Summer for ages 3-9
- Requires a referral from a speech therapist

- **Hippotherapy** is a physical, occupational and speech therapy treatment strategy that utilizes equine movement
- Hippotherapy is offered in both Summer and Fall sessions
- See the website for complete details

Indoor Entertainment Centers

Scene75 Entertainment Center Dayton

6196 Poe Ave
Dayton, OH 45414

Phone: (937) 619-3201

Website: <https://www.scene75.com/dayton/>

Email: party@scene75.com

- **Scene 75** offers a Special Needs Program for anyone with a disability on the first Thursday of every month. The program is free for participants with special needs. Register online: <https://www.scene75.com/about/special-needs-program/>
- Participants in the Special Needs Program must be accompanied by a parent or guardian

Libraries & Book Clubs

Clark County

Clark County Public Library

Main Library

201 S Fountain Ave
Springfield OH, 45506

Phone: (937) 328-6903

See website to find the nearest location

Website: <https://ccploho.org/>

- Free Wi-Fi and public computers available
- Programs for all ages: Storytime, Book clubs, Summer Reading Programs, Cookbook Club, numerous classes, Teen Animanga Club, etc.
- **Homebound Delivery Service** is available for patrons who are unable to leave their home and have a Clark County Public Library Card in good standing. Eligible patrons can sign-up for this service by calling (937) 322-2821 or by emailing hspotts@ccpl.lib.oh.us.

Darke County

Arcanum Public Library

101 W North St
Arcanum, OH 45304

Phone: (937) 692-8484

Website: <http://www.arcanumpubliclibrary.org/>

- Programs for all ages: Storytime, book clubs, T.N.T. "Teens and Tweens" Group, Summer Reading programs, etc.

Greenville Public Library

520 Sycamore St
Greenville, OH 45331

Phone: (937) 548-3915

Website: <http://www.greenville-publiclibrary.org/>

- Free Wi-Fi and public computers available
- Programs for all ages: Storytime, book clubs, Summer Reading program, Chess Club, Knitters Club, etc.

Worch Memorial Public Library

790 S Center St
Versailles, OH 45380

Phone: (937) 526-3416

Website: <http://www.worch.lib.oh.us/>

Email: worchlibrary@outlook.com

- Free Wi-Fi and public computers available
- Programs for all ages: Storytime, Book Clubs, Knitting Circle, After School Programs, Open Art Program, etc.

Greene County

Greene County Public Library

Administrative Offices

76 E Market St
PO Box 520
Xenia, OH 45385

Phone: (937) 352-4000

See website to find the nearest location

Website: <http://greenelibrary.info/>

- Free Wireless Internet is provided for Greene County Public Library patrons and guests. To access the Internet via wireless connection patrons must have a GCPL Library Card number. Guests may either obtain a library card or request a temporary library card number.
- Programs for all ages: Storytime, book clubs, Family movie night, Game night, Arts & Crafts, Anime Club, and much more
- **Homebound Delivery** will deliver library materials to Greene County residents who are homebound due to age, illness, or physical disability. Contact the Outreach Department by phone (937) 736-7073.
- **Dolly Parton's Imagination Library**
 - Free for children under age 5 who live in Greene County
 - Register: <http://greenelibrary.info/services/imaginationlibrary/>

- ***Hawk's Woodland Walk***
Valle View Reserve
1097 Empire Ct, (off Commerce Center Boulevard)
Fairborn, OH 45324
 - Nature & Literature trail

Miami County

Troy-Miami County Public Library

419 W Main St
Troy, OH 45373

Phone: (937) 339-0502

Website: <http://www.troypubliclibrary.org/>

- Free Wi-Fi and public computers available
- Programs for all ages: Storytime, Family Fun nights, Book Clubs, Color & Coffee, Mornings in Motion, Chess Club, Teen Advisory Board (TAB), etc.

Oakes-Beitman Memorial Library

12 N Main St
Pleasant Hill, OH 45359

Phone: (937) 676-2731

Website: <http://www.troypubliclibrary.org/content/oakes-beitman-memorial-library>

- Free Wi-Fi
- Programs for all ages: Summer Reading clubs and Storytime

Montgomery County

Dayton Metro Library

Main Branch

120 S Patterson Blvd
Dayton, OH 45402

Phone: (937) 463-BOOK (2665)

See website to find the nearest location

Website: <http://www.daytonmetrolibrary.org/>

- Free Wi-Fi and public computers available at all locations
- Programs for all ages: Book clubs, Teen Library Council, Arts & Crafts, summer book clubs or students, Anime Clubs, Game Nights, Video Nights, etc.
- **Dayton Metro Library Homebound** service delivers Library materials. Please call, (937) 496-8956 for more information, or to register.

Washington-Centerville Public Library

Centerville Library

111 W Spring Valley Rd
Centerville, OH 45458

Phone: (937) 433-8091

Website: <https://www.wclibrary.info/>

Woodbourne Library

6060 Far Hills Ave
Dayton, OH 45459

Closed until Summer 2018

- Free Wi-Fi and public computers available
- Programs for all ages: Book clubs, Storytime, Teen Programs, Teen Advisory Board (TAB), Summer Reading programs, Movie nights, etc.
- The Sunshine Book Delivery service is available to patrons who are permanently or temporarily homebound and living in a private residence in Centerville or Washington Township. To see if you qualify for this service, contact Ruth Anne Attalla, Centerville Library, (937) 610-4442 or send an email to outreach@wcpl.lib.oh.us. Volunteers will deliver materials to registered participants.

Little Free Library

<https://littlefreelibrary.org/ourmap/>



Location at School House Park

1875 Nutt Rd
Centerville, OH 45458

<https://www.wclibrary.info/littlefreelibrary/>

Iron Horse Park – coming soon

6161 Millshire Dr
Dayton, OH 45459

- Other locations around the Miami Valley are posted on the Little Free Library website

Wright Public Library

1776 Far Hills Ave
Oakwood, OH 45419

Phone: (937) 294-7171

Website: <http://www.wrightlibrary.org/>

- Free Wi-Fi and public computers available
- Youth Services include a Teen Advisory Board, Teen Café, Teen Writing Club, Storytime, Book & Blocks, Paws to Read, etc. Contact Jacqui Taylor, Youth Services Coordinator taylor@wrightlibrary.org
- Telefriend Program is available to Oakwood residents who are unable to visit the library. Volunteers will deliver materials to registered participants. Call 937-294-7171 for details.
- The Library Book Club meets at 7:00 p.m. on the second Tuesday of every month

The Next Chapter Book Club

Wright Memorial Public Library

1776 Far Hills Ave

Oakwood, OH 45419

Phone: (937) 294-7171

Age: ages 18 and over

- Community-based literacy program for individuals with developmental disabilities
- Meets every Sunday, 2-3:00 p.m. at the Wright Memorial Library

Spectrum Playdate

Wright Memorial Public Library

1776 Far Hills Ave

Oakwood, OH 45419

Phone: (937) 294-7171

Email: Jacqui Taylor, Youth Services Coordinator at taylor@wrightlibrary.org

- Held monthly on scheduled Friday evenings from 6:30 PM until 7:30 PM
- Themes change each month
- Activities are geared for children on the Autism spectrum

Preble County

Preble County District Library

450 S Barron St

Eaton, OH 45320

Phone: (937) 456-4250

See website to find the nearest location

Website: <https://preblelibrary.org/>

- Free Wi-Fi and public computers available at all locations
- **Programs for all ages: Book clubs, Tween Filmmakers Club, Tween-tivities, Family Video Game night, Anime Club, After School Programs, Summer Reading clubs, etc.**

Mentoring Programs

Best Buddies – University of Dayton Chapter

Email: sbinder46@sbcglobal.net

Website: <https://www.bestbuddies.org/>

Membership Application: <https://www.bestbuddiesonline.org/Instructions.aspx?t=1>

(Select the Local Chapter - University of Dayton (Dayton, Ohio))

- Non-profit, founded in 1989 by Anthony Kennedy Shriver
- The Best Buddies program is for Middle School and High School students with intellectual and developmental disabilities (paired with a college student).
- Best Buddies provides opportunities for one-to-one friendships, integrated employment and leadership development for people with intellectual and developmental disabilities (IDD).
- There is a chapter at the University of Dayton, Sue Binder is the Host-site Coordinator.

e-Buddies

Website: <http://www.ebuddies.org/about/>

Join or Volunteer: <https://www.ebuddies.org/apply/>

- e-Buddies is one of the eight programs offered by [Best Buddies International](#)
- e-Buddies is an **e-mail pen pal program** that provides opportunities for e-mail friendships between people with intellectual and developmental disabilities (IDD) and their peers who do not have IDD.
- All e-Buddies applicants agree to submit to a background check, and the Best Buddies staff contacts references for all applicants before they can be approved to participate in e-Buddies.
- All e-mails exchanged between e-Buddies are sent through the e-Buddies E-mail System.
- Read more about e-Buddies safety: <http://www.ebuddies.org/resources/safety.html>

Big Brothers Big Sisters of the Greater Miami Valley

22 S Jefferson St

Dayton, OH 45402

Phone: (937) 220-6850

Website: http://www.bbbsgmv.org/site/c.clKWliOUIfJ6H/b.6400069/k.F041/Home_Page.htm

- Matches adult volunteers “Bigs” and children “Littles”, ages 6 through 18
- Community-Based and School-Based Mentoring programs are available
- Periodic donor-supported group activities are organized
- Parents approve the selection of the Big Brother or Big Sister and activities

Museums

Boonshoft Museum of Discovery

2600 DeWeese Pkwy
Dayton, OH 45414

Phone: (937) 275-7431

Website: <https://www.boonshoftmuseum.org/>



- Accessibility details: https://www.dropbox.com/s/n755ilo2462rnk9/Boonshoft%20Museum%20of%20Discovery%20Accessibility_CURRENT.pdf?dl=0
- Assisting companion admitted free of charge
- Ask for a Guest Services Team member at the admissions counter for assistance with any needs during your visit

Carillon Historical Park

1000 Carillon Blvd
Dayton, OH 45409

Phone: (937) 293-2841

Website: <https://www.daytonhistory.org/>

Email: info@daytonhistory.org



- Accessibility details: <https://www.daytonhistory.org/visit/general-info/parking-accessibility/>
- Tours of **Hawthorne Hill** are offered on Wednesdays & Saturdays: 10:00am, 12:30pm. Space is limited and reservations must be made in advance by calling (937) 293-2841

COSI

333 W Broad St
Columbus, OH 43215

Phone: (614) 228-COSI

Website: <https://cosi.org/>



- Accessibility details: <https://cosi.org/visit/amenities-and-accessibility>
- Special **Family Access Memberships** - Available with photo ID and proof of participation in WIC, Ohio Directions, or Ohio Medicaid. Cannot be purchased online.

The Dayton Art Institute

456 Belmonte Park North
Dayton, OH 45405

Phone: (937) 223-5277

Website: <http://www.daytonartinstitute.org/>

Email: info@daytonart.org



- The museum facilities are fully accessible to physically challenged persons and meet all ADA requirements.
- The Lange Family Experiencenter is an interactive art gallery located on the lower level
- Museum is **closed** on Mondays and Tuesdays
- Many Youth and Family programs are offered year round:
<http://www.daytonartinstitute.org/learn/youth-family-programs>
- Summer Art Camp options for students in 1st through 12th grade (scholarships are available)

Dayton Aviation Heritage National Historic Park

16 S Williams St
Dayton, OH 45402

Phone:

Wright-Dunbar Interpretive Center
(937) 225-7705

Huffman Prairie Flying Field Interpretive Center
(937) 425-0008



Website: <https://www.nps.gov/daav/index.htm>

- **Ranger Guided Tours** are offered **Memorial Day through Labor Day** at both Visitor Centers starting at 10:00 AM. Call ahead to verify availability.
- **Aviation Trail Sites:** <http://www.aviationtrailinc.org/trailsites>

National Museum of the U. S. Air Force

1100 Spaatz St
Wright-Patterson AFB, OH 45433

Phone: (937) 255-3286

Website: <http://www.nationalmuseum.af.mil/>



- Accessibility details: <http://www.nationalmuseum.af.mil/Visit/Questions/Disabilities.aspx>
- **Family Days** are scheduled on one Saturday each month, except December

- **Behind the Scenes Tours** are offered of the museum's restoration area. Tours are offered on Fridays at 12:15 p.m. Participants must be at least **12 years old**. **Advance registration is required** and can be completed online.
- **Touch Tours** are available for blind or visually impaired visitors, with advanced notice
- **Guided Tours for the hearing impaired** are available, with advanced notice
- Please call the museum's Education Division at least three weeks in advance at (937) 255-4666, (937) 255-4652 or (937) 255-4646 to schedule these special tours

WPAFB Educational Outreach Office

2261 Monahan Way
WPAFB, Ohio 45433

Phone: (937) 656-2273

Website: <http://wpafbstem.com/index.html>

- Offers many STEM K-12 programs, including Aerospace Camps at the National Museum of the U. S. Air Force
- Aerospace Camp registration usually opens in early April

Sun Watch Indian Village

2301 W River Rd
Dayton, OH 45418

Phone: (937) 268-8199

Website: <http://www.sunwatch.org/>



- Accessibility details: In compliance with the Americans With Disabilities Act, all levels of the Interpretive Center are Handicapped Accessible. The reconstructed Village is also accessible via a paved walkway that leads to the Village. There is a wood chip path in the Village. Service animals are also welcome, if needed.
- Museum is **closed** on Mondays

Pageantry

Miss Amazing

National Headquarters:

1109 Parc Dr

Papillion, NE 68046

Phone: (402) 913-0392

Website: <https://missamazing.org/>

Email: info@missamazing.org

- Non-profit organization
- 30 States host Miss Amazing events
- National Gala spotlights diversity and collaboration



Ohio Miss Amazing

Website: <http://oh.missamazing.org/>

- Non-profit organization
- For girls and women with disabilities, Ages 5 and older (8 age groups)
- Miss Amazing strives to build self-confidence, celebrate individuality, and give girls and women with disabilities the chance to shine.
- Non-competitive, pageant-like events (2017 Ohio Miss Amazing – October in Akron, OH)
- Register for Ohio Miss Amazing: <http://oh.missamazing.org/info-portal/>

Parks



National Park Service, US Department of the Interior

Website: <https://www.nps.gov/index.htm>

Website: (Accessibility Guidelines) <https://www.nps.gov/hfc/accessibility/>

- Lists information and accessible things to do in the US national parks such as camping areas, trails, picnic areas; listings are by state
- Lists parks by state with features accessible to the individuals with vision and hearing impairments

Website: <https://www.nps.gov/planyourvisit/passes.htm>

Access Pass (free lifetime pass) is available for U.S. citizens or permanent residents with permanent disabilities (no age requirement)



Accessibility in the Park information can be found under the Plan Your Visit menu for each specific US national park, including information on Accessible Trails.

Ohio State Parks, Department of Natural Resources

2045 Morse Rd

Columbus, OH 43229

Phone: (614) 265-6565

Website: <http://www.dnr.state.oh.us/>
<http://parks.ohiodnr.gov/>
<http://parks.ohiodnr.gov/accessiblefacilities>

Email: OhioStateParks@dnr.state.oh.us



- Lists accessible Ohio State Park recreational facilities
- Call or email for more info

Trail Link – Ohio Wheelchair Accessible Trails & Maps

Website: <https://www.trailink.com/stateactivity/oh-wheelchair-accessible-trails/>

- Trails can be located by nearest City
- Trail details are listed including mileage length, surface type, a complete description, and maps that show parking areas and restrooms (if available)

Hueston Woods State Park, Ohio State Parks

6301 Park Office Rd
College Corner, OH 45003



Phone: (513) 523-6347

Website: <http://parks.ohiodnr.gov/huestonwoods>
<http://visithw.com/> - Visitor's Bureau

- Fishing pier on Acton Lake's west shore is accessible
- Sugar Bush Trail - 0.8 Miles with 0.5 Miles accessible
- Resort Lodge has 7 accessible guest rooms and 4 family vacation cottages are accessible
- Nature Center accessible

Clark County

National Trail Parks & Recreation District Administrative Office

1301 Mitchell Blvd
Springfield, OH 45503



Phone: (937) 328-7275 (PARK)

Website: <https://ntprd.org/>

Email: nationaltrail@springfieldohio.gov

- Over 24 parks and recreation facilities to visit
- There are approximately 20 miles of paved off-road trails available. Call or email the Park district for details.
- Programs & Events can be viewed online with online registration available
- Activity Guide available online

Darke County



Darke County Parks

4267 St Rt 502
Greenville, OH 45331

Phone: (937) 548-0165

Website: <http://www.darkecountyparks.org/>

Email: info@darkecountyparks.org

- Shawnee Prairie Preserve & Nature Center is the largest park
- Maps are available online
- Call ahead for accessibility information
- Programs and Special Events can be viewed online, but registration requires calling the Park district or sending an email registration request

Greene County

Greene County Parks & Trails

Administrative Offices - Physical Address

575 Ledbetter Rd
Xenia, OH 45385

Phone: (937) 562-6440

Website: <http://www.gcparkstrails.com/>

Email: info@gcparkstrails.com



- All Greene County trails are built to meet ADA standards
- Programs for all ages, Summer Camps, Family Programs, Naturalist Programs, etc.
- Activity Guide available online
- Online event registration information is provided

Miami County

Miami County Park District

Administrative Offices

2645 E St Rt 41
Troy, OH 45373



Phone: (937) 335-6273

Website: <http://www.miamicountyparks.com/Default.aspx>

- Many of the Parks have online Brochure maps available
- Parks currently listing accessible trails include: Charleston Falls, Garby Big Woods Sanctuary, and Stillwater Prairie Reserve
- Programs & Events can be viewed online with online registration available

Montgomery County

Centerville-Washington Park District

221 N Main St
Centerville, OH 45459



Phone: (937) 433-5155

Office Hours

Website: <http://www.cwpd.org/>

Email: mail@cwpd.org

- Programs for all ages, Summer Camps, Family Programs
- Newsletters/Program Guide available online
- Programs & Events can be viewed online with online registration available
- Phone registration is also available (937) 433-5155
- **Adapted Archery Clinic** available at Oak Grove Park, Archery Range, 1790 E. Social Row
Registration required. See the Park District Website for details.

Five River Metroparks

Administrative Offices
409 E Monument Ave, 3rd Floor
Dayton, OH 45402

Phone: (937) 275-7275

Website: <https://www.metroparks.org/>

Email: email@metroparks.org



- **Things To Do** can be viewed online with online registration available



Accessibility

- Select a Park and click on the Accessibility icon under Park Amenities for details.

Preble County

Preble County Park District

Mailing Address:

101 E Main St
Eaton, OH 45320

Phone: (937) 962-5561 (Children's programs)

Website: <http://www.preblecountyparkdistrict.org/>



- Garber Nature Center is located at 9691 SR 503 N, Lewisburg, OH 45338
- Garber Nature Center has a 400 foot long handicapped accessible boardwalk with a viewing platform
- Hiking Trail Map can be downloaded
- Nature Center Events are listed on the Home page with program flyer

Playgrounds

Clark County

Springfield Rotary Centennial Playground

Snyder Park

1900 Park St
Springfield, OH 45504

- The all-accessible playground is designed to be shared by children with and without disabilities. Amenities include wheelchair-friendly ramps

Snyder Park Bethie's Sprayground

1900 Park St
Springfield, OH 45504

Splash Zone Sprayground

300 Eagle City Rd
Springfield, OH 45502

- Accessible zero-depth pools for water play

Darke County

Miami County

Greene County

Bennett Play Depot at Xenia Station – Splash pad

150 S Miami Ave
Xenia, OH 45385

- Accessible zero-depth pools for water play
- Splash pad is located near the caboose and shelter at the east end the park

Owen's Place

Rotary Park/Victory Park
2260 Dayton-Xenia Rd
Beavercreek, OH 45432

Website: <http://www.owensplace.org/>

- The universally-accessible playground is designed to be shared by children of all ages and ability levels. Amenities include wheelchair-friendly ramps
- Over an acre of accessible play and recreation
- Shadow play area has touch activities for visually impaired individuals

Montgomery County

Centerville Activity Center Park & Sprayground

221 N Main St
Centerville, OH 45459

Phone: (937) 433-5155

- Accessible zero-depth pools for water play

A Playground for All, Kettering Rec Complex (Indian Riffle Park)

2801 E Stroop Rd
Kettering, OH 45420

Phone: (937) 296-2587

Website: <http://www.playkettering.org/krc/>

- Has large deck area with 6-foot double slide with steps on either side to allow parent to assist child on the way down
- Paved paths to play equipment
- Wheelchair accessible runways between pieces of equipment
- Talk tubes, tic-tac-toes, bubble windows and slides are accessible

Preble County

The Brooke-Gould A.S.K. Accessible Playground

201 E Lexington Rd
Eaton, OH 45320

Recreation – Developmental Disabilities

Most County Boards or Developmental Disabilities offer Recreation programs for anyone that is eligible for developmental disability services. Contact the office for your County for complete information. Also, many of the County Boards of DD sponsor Special Olympics programs.

Developmental Disabilities of Clark County

2527 Kenton St
Springfield, Ohio 45505

Phone: (937) 328-2675

Website: <http://clarkdd.org/>

- Mixers are open to anyone eligible for services through Developmental Disabilities of Clark County
- Anyone under 18 must be accompanied by an adult

Darke County Board of Developmental Disabilities

5844 Jaysville-St Johns Rd
Greenville, OH 45331

Phone: (937) 548-9057

Website: <http://darkedd.org/>

Facebook: <https://www.facebook.com/DarkeDD/>

Greene County Board of Developmental Disabilities

245 N Valley Rd
Xenia, OH 45385

Phone: (937) 562-6500

Website: <http://greenedd.org/>

Facebook: <https://www.facebook.com/greencountydd>

- Select the Recreation TAB to view the Recreation Events calendar

Miami County: Riverside Developmental Disabilities

1625 Troy Sidney Rd
Troy, OH 45373

Phone: (937) 440-3000

Website: <http://www.riversidedd.org/>
<http://www.riversidedd.org/riverside-developmental-disabilities-recreation.php>

Facebook: <https://www.facebook.com/riversidedd>

- RecZone newsletter can be found online or by signing up for email delivery

Montgomery County Board of Developmental Disabilities Services

5450 Salem Ave
Dayton, OH 45426

Phone: (937) 837-9200

Website: <http://www.mcbdds.org/>
<http://www.mcbdds.org/183/Recreation-Program>

- Recreation booklet is available online: <http://www.mcbdds.org/569/Forms>

Preble County Board of Developmental Disabilities

200 Eaton-Lewisburg Rd
Eaton, OH 45320

Phone: (937) 456-5891

Website: <http://www.prebledd.org/>

- Check the Events calendar

Scouts & Service Organizations

Adventure Guides / Adventure Princesses of Dayton

South Community Family Branch YMCA
4545 Marshall Rd
Kettering, OH 45429

Phone: (937) 434-1964

Website: <http://ketteringnation.com/>

Email: KetteringNation@gmail.com

- Adventure Guides Chief (2017), Scott Shampton

Adventure Princesses of Dayton – Kipoo Nation

Website: <http://daytonadventureprincess.com/>

Facebook: <https://www.facebook.com/DaytonAdventurePrincesses>

- Adventure Princesses Kipoo Nation Chief (2017), Chuck Thokey
- Formally Indian Guides / Indian Princesses
- YMCA based organizations for father & son(s) or father & daughter(s)
- Ages K- 6th Grade – Guides & Princesses
- Ages 6th Grade and up – Guides Plus & Wanderers
- Kickoff meetings are usually held in late August
- Tribes meet monthly

Coffman YMCA Adventure Guides and Princesses

Website: <http://www.ymcaonline.org/Coffman/coffman-ymca-adventure-guides-and-princesses.html>

American Heritage Girls

175 Tri-County Pkwy, Ste 100
Cincinnati, OH 45246

Phone: (513) 771-2025

Website: <https://www.americanheritagegirls.org/>

Email: ahg@ahgonline.org



- Website has a search by Zip Code feature for locating troops
- Ages 5-18
- Girls are grouped into 5 age groups/levels
- Vision Statement - American Heritage Girls is the premier national character development organization for young women that embraces Christian values and encourages family involvement.

Centerville Troop – OH3021

Meeting location:

Centerville Community Church
10688 Dayton-Lebanon Pk
Centerville, OH 45458

- Meetings held on the 1st & 3rd Thursdays, September through May from 5-7 pm
- Contact Elizabeth Kirk for more information at kirk6@roadrunner.com

Boy Scouts of America



Website: <http://www.scouting.org/>

Scouts with disabilities: <http://www.scouting.org/disabilitiesawareness.aspx>

- Website has a search by Zip Code feature for locating Scout troops
- Cub Scouts – Grades 1-5
- Boy Scouts – Ages 11-17
- Venturing Scouts – Co-ed, Ages 14-20

Miami Valley Council - Boy Scouts of America

7285 Poe Ave
Dayton, OH 45414

Phone: (937) 278-4825

Website: <http://www.miamivalleybsa.org/>

Email: info@MiamiValleyBSA.org

- Many schools and churches offer meeting space for Scout troops. Check with your child's principal for you school district's troop information.

Girl Scouts of America



Website: <http://www.girlscouts.org/>

- Website has a search by Zip Code feature for locating Scout Council
- Daisy Scouts – K-1
- Brownie Scouts – Grades 2-3
- Junior Scouts – Grades 4-5
- Cadette Scouts – Grades 6-8
- Senior Scouts – Grades 9-10
- Ambassadors – Grades 11-12

Girl Scouts of Western Ohio - Dayton

450 Shoup Mill Rd

Dayton, OH 45415

Phone: (937) 275-7601

Website: <http://www.gsw.org/>

- Many schools and churches offer meeting space for Scout troops. Check with your child's principal for you school district's troop information.

Sports – In General

The Adaptive Adventure Sports Coalition (TAASC)

6000 Harriott Dr
Powell, OH 43065

Phone: (614) 389-3921

Website: <https://taasc.org/>

Email: info@taasc.org

- Non-profit organization
- Active chapter member of Disabled Sports USA
- Helps provide sports and recreational opportunities to youth and adults with disabilities
- Sports currently include: Cycling, kayaking, snow sports, water skiing, climbing, paddle boarding, and sailing.

Adaptive Sports Program of Ohio

100 Kurzen Rd North, Ste B
Dalton, OH 44618

Phone: (330) 262-1200

Website: <http://adaptivesportsohio.org/>

Email: info@adaptivesportsohio.org

- Strives to provide sports opportunities to individuals of any age with a permanent physical disability through recreation and competitive athletic sports

Disabled Sports USA

451 Hungerford Dr, Ste 608
Rockville, MD 20850

Phone: (301) 217-0960

Website: <http://www.disabledsportsusa.org/>

- Disabled Sports USA's mission is to provide national leadership and opportunities for individuals with disabilities to develop independence, confidence, and fitness through participation in community sports, recreation and educational programs.

Miami Valley Adapted Sports (MVAS)

Centerville, Ohio 45459

Phone: (937) 681-0823

Website: <http://www.miamivalleyadaptedsports.org/>

Email: info@miamivalleyadaptedsports.org

Facebook: <https://www.facebook.com/Miami-Valley-Adapted-Sports-585627888130112/>

- Supports recreational opportunities for individuals with disabilities
- Offers junior wheelchair basketball team
- One of MVAS's goals is to support wheelchair sports programs in southwest Ohio

Special Olympics Clark County

Facebook: <https://www.facebook.com/SpecialOlympicsClarkCountyOhio/>

Contact: Kathy Duffin at kduffin@clarkdd.org

Phone: (937) 901-5900

Special Olympics of Greater Dayton

4130 Linden Ave, Ste 236

Dayton, OH 45432

Phone: (937) 258-5354

Website: <http://specialolympicsdayton.org/>

Email: sogdayton44@aol.com

- Ages: 8 and older
- Offers 11 sports at the local level - basketball, Bocce, bowling, gymnastics,
- Roller skating, soccer, softball, swimming, track & field, Unified team sports,
- and volleyball
- Opportunities to compete at local, regional, state and international Special Olympic events

Special Olympics – Miami County

1625 Troy Sidney Rd
Troy, OH 45373

Phone: (937) 440-3000

Website: <http://www.riversidedd.org/riverside-developmental-disabilities-special-olympics.php>

- Ages: 6 and older
- Part of the Recreation department of Riverside Developmental Disabilities
- Offers sports activities year round including basketball, cheerleading, flag football, golf, soccer, softball, swimming and volleyball
- For more information call Patrick Gray at 937-440-3000

Special Olympics - Preble County Board of Developmental Disabilities

200 Eaton-Lewisburg Rd
Eaton, OH 45320

Phone: (937) 456-5891

Website: <http://www.prebledd.org/>

Sports – Individually Listed

Archery

Adapted Archery Clinic – Centerville-Washington Park District

Oak Grove Park
1790 E Social Row Rd
Centerville, OH 45458

Website: <http://www.cwpd.org/parks/oak-grove/archery-range/>

- Ages 8 and up
- One day Adapted Archery Clinics are scheduled by the Centerville-Washington Park District, call to check availability
- Archery Range is open daily and archers must follow the Range Rules and Regulations

Baseball

KABC Explorer Division Special Needs Baseball

Website: <http://www.eteamz.com/kabc/>

Age: 5 – 22 years

Email: Fred Cairo, KABC Explorer Commissioner at fredcairo62@yahoo.com

Facebook: <https://www.facebook.com/KABC-367370453608/>

- Non-profit, volunteer based organization
- Registration usually begins in **January**
- \$25 registration fee

Miracle League of Greater Dayton

Phone: (937) 886-2844

Website: <http://www.miracleleaguedayton.org/>

Facebook: <https://www.facebook.com/Miracle-League-of-Greater-Dayton-73299106478/>

Email: coffmaninfo@daytonymca.org or awilhelm@daytonymca.org

- Recreational baseball league for disabled youths and adults
- Registration usually begins in **January**

Moraine West Carrollton Little League – Challenger Division

Phone: (937) 829-2066

Website: <http://www.mwcll.org/>

Facebook: <https://www.facebook.com/MWCLLBB/>

Email: playeragent@mwcll.org

- Little League Challenger Division – Ages 4-14 years
- Senior League Challenger Division – Ages 15-22 years (if still enrolled in school)
- Little League Challenger Program is an adaptive baseball program for individuals with physical and intellectual challenges.
- Registration usually begins in **January**

Owen's Place Special Needs Baseball

Rotary Park

2260 Dayton-Xenia Rd

Beavercreek, OH 45432

Website: <http://www.owensplace.org/event/baseball-sign-up/>

Email: gusonthemove@hotmail.com

- School Age Division – Ages 4-18 years
- Adult Division – Ages 19+
- Registration usually begins in **April**
- Season runs from June through July
- Senior League Challenger Division – Ages 15-22 years (if still enrolled in school)

Reds Rookie Success League (RRSL)

Action Sports Center – Dayton Program Location

1103 Gateway Dr

Dayton, OH 45404

Website: <http://cincinnati.reds.mlb.com/cin/community/rcf/rookie-success/>

- Mondays and Tuesdays, 10 a.m. until 1 p.m. during June

- The [Reds Rookie Success League \(RRSL\)](#), is a free, coed, character-building, introductory baseball program for boys and girls, ages 7 to 13. It features baseball instruction while focusing on a character-based curriculum and the “Six Stars of Success” – Cooperation, Integrity, Respect, Education, Determination and Spirit (CI REDS). Programs will run two days a week for four weeks in Dayton. Each program features visits from Dayton Dragons personnel. Space is limited with each program capped at roughly 250 participants. Volunteers, coaches and mentors are also needed to operate each program. To find out how you can get involved, contact the **Reds Community Fund** at **(513) 765-7041** or via email: rrsldayton@reds.com

Basketball

Centerville Special Basketball

Hosted by the Washington Township Recreation Center,
895 Miamisburg Centerville Rd
Dayton, OH 45459

Email: Lin47tom@netzero.com

- Recreational basketball program for disabled youths and adults – Ages 8 and older
- Registration begins in **November**
- Season usually begins in early January and runs through March

Polar Bears Basketball

Fairhaven Church, Centerville campus
637 E Whipp Rd
Centerville, OH 45459

Phone: (937) 434-8627

Website: <https://fairhavenchurch.org/community/kids/special-needs/centerville/>

Email: mgriffin@fairhavenchurch.org

- Recreational basketball program for disabled youths and adults – Ages 6 and older
- Information about the Polar Bears basketball program is only posted on the Fairhaven website during the registration period
- Registration usually occurs during **November**
- Season usually begins in early January and runs through February

Bowling

Centerville Special Olympics Bowling

Practice location:

Poelking Lanes South
8871 Kingsridge
Centerville, OH 45458

Email: Lin47tom@netzero.com

- Registration begins in **September**
- Bowling starts in early October
- Scheduled Sundays from 1:00 pm until 3:00 pm

Kids Bowl Free – Spring & Summer Program

Locations: 2017

Centerville

Poelking Lanes South
(located behind Dayton Mall)
8871 Kingsridge
Centerville, OH 45458
(937) 435-3855

Dayton

Poelking Lanes - Dayton
1403 Wilmington Ave
Dayton, OH 45420
(937) 299-5573

Kettering

Poelking-Woodman Lanes
3200 Woodman Dr
Kettering, OH 45420
(937) 293-3179

Website: <http://www.kidsbowlfree.com/alley-group.php?path=poelking>

- Ages 15 and under
- Registration is required
- 2 Free games of bowling each day starting in Mid-May until the end of July
- Coupons are emailed weekly
- Bowling shoes are required, but can be rented
- Family passes are available

Golf

Mobility Golf

Website: <http://www.mobilitygolf.com/index.html>

- If you're out of town, this Website will help find a golf course with accessible golf carts

Gymnastics

B & B Gymnastics Training Center

5423 Intrastate Dr
Fairborn, OH 45324

Phone: (937) 879-7563

Website: <http://www.bandbgymnastics.mysite.com/>

Email: bbgym@hotmail.com

Busy Kids Gymnastics

3061 Wilmington Pk
Kettering, OH 45429

Phone: (937) 298-9191

Website: <https://www.busykidsgymnastics.com/>

Email: busykidsgym@gmail.com

- Non-competitive gymnastics programs
- Ages 1 ½ to 12 years
- Depending on the level of supervision needed, private lessons are available
- Staff will help determine proper class placement

Ohio Sports Academy

270 Hiawatha Trl
Springboro, OH 45066

Phone: (937) 743-1466

Website: <http://www.ohiosportsacademy.com/>

- Adaptive Gymnastics Program Information:
<http://www.ohiosportsacademy.com/adaptive-gymnastics.html>
- Ages 4 and up
- Children with special needs participate in a movement program as a recreational activity

Roads to Recovery – Gym Parties

Gym Party Location:

B&B Gymnastics
5423 Intrastate Dr
Fairborn, OH 45324

Phone: (937) 318-1073

Website: <http://www.roadstorecovery.org/>

Email: mwagnerr2r@gmail.com

- A non-profit learning and resource center for children with **autism** and their families
- Free Gym Parties are for children with ASD and their typical siblings
- The Gym Parties usually start at the end of January and run through April
- There are 2 sessions, one for ages 6-9 and one for ages 10 and older
- **Advanced registration** is required and can be completed online at the [RoadsToRecovery](#) website
- **Note: Register early since class size is limited**

Hockey

Cincinnati Ice Breakers Sled Hockey

Website: <http://cincinnatiisledhockey.org/>

Email: cincinnatiisledhockey@gmail.com

- Ages: 6 to adult
- The Icebreakers sled hockey program offers adaptive ice hockey or 'sled' hockey to youth and adults who are unable to skate in a standing position due to a physical disability
- All skill levels are welcome
- Check <http://www.youtube.com/watch?v=9a5BfmIW6Ww> for video done by Sam Wocks which describes and demonstrates Ice Breakers sled hockey

Horseback Riding

Bridge Riding for the Disabled

743 West Pekin Rd
Lebanon, OH 45036

Phone: (937) 654-4693

Website: <http://www.bridgeriding.org/>

Email: howe.pm@earthlink.net

- Ages: 3-adult
- Therapeutic horseback riding for individuals with physical, developmental or emotional challenges
- Any individual who qualifies under the Americans with Disabilities Act is eligible to apply
- Applicants are evaluated before starting
- Instructors are PATH International Certified to teach Therapeutic Riding Lessons
- Non-profit organization

Spirit Horse of Ohio

1800 Gordon Rd
Jamestown, OH 45335

Phone: (937) 926-1324

Website: <http://www.spirithorseofohio.com/>

Email: info@spirithorseofohio.com

- Non-profit organization
- Therapeutic horseback riding for individuals with cognitive, physical, developmental or emotional challenges
- One-on-one customized equine-assisted program based on the Spirit Horse Method
- SpiritHorse of Ohio is a certified SpiritHorse Therapeutic Riding Center
- Sessions are by appointment

Therapeutic Riding Institute (TRI)

5224 Dearth Rd (physical address)
Springboro, OH 45066

Phone: (937) 619-7577

Website: <http://triohio.org/>

Email: Program@TRIOhio.org

- Age: children and adults
- Riding therapy program for individuals with disabilities living in the Greater Dayton area
- Can be referred by parents, agencies, schools, health care providers
- Physician's statement needed
- All new students must complete a new student evaluation
- PATH Intl. Premier Accredited Center

The Riding Centre

1117 E Hyde Rd
Yellow Springs, OH 45387

Phone: (937) 767-9087

Website: <http://www.theridingcentre.org/>

Email: info@theridingcentre.org

- Founded in 1959, The Riding Centre has served individuals with physical, intellectual and emotional challenges
- Both regular and therapeutic riding lessons are available
- Head Instructor is certified by the North American Riding for the Handicapped Association (NARHA)

Kickball

WT Rec Center – All-Inclusive & Adaptive Sports league

895 Miamisburg-Centerville Rd
Dayton, OH 45459

Phone: (937) 433-0130

Email: lfields@washingtontwp.org

- Offered through a partnership with Synergy Family Therapy Specialist
- Ages 7 – Adult, regardless of physical ability
- Volunteer Buddies are available
- This 6 week league meets on Tuesday evenings from 5:30-6:45 pm, usually in August & September

Roller Skating

Skate World in Kettering - Sensory Friendly Roller Skating

1601 E David Rd
Kettering, OH 45429

Phone: (937) 294-4052

Website: <http://skateworldofkettering.com/>

- Usually offered on the **2nd Wednesday of every month (during the School Year)** from 4:00-6:00 p.m.
- No loud music or flashing lights
- Call ahead to verify availability

Snow-sports

Perfect North Slopes Adaptive Snowsport School

19074 Perfect Lane
Lawrenceburg, IN 47025

Phone: (812) 537-3754 x1401

Website: www.perfectnorth.com

Email: adaptive@perfectnorth.com



Perfect North Slope's Adaptive Program serves individuals with a wide array of disabilities including (but not limited to) vision and hearing impairments, amputees, spina bifida, cerebral palsy, muscular dystrophies, birth defects, paralysis and cognitive disabilities. It will be individually designed. Adaptive Instructors are specially trained and use PSIA (Professional Ski Instructors of America) adaptive teaching techniques.

- **Reservations & Cost:** All Adaptive Lessons include private instruction, adaptive equipment rental, and a lift ticket. Pre-registration is required at least 48 hours in advance. Cost will vary depending on lesson times (3 hour lesson or 6 hour lesson).
- **Restrictions:**
For safety reasons, all adaptive participants must meet the following guidelines to participate in the Adaptive Program:
 - Sit Ski Program Weight Limit: 220 lbs.
 - Minimum Age: 4 Years Old
 - Physical Requirements: Must be able to hold head upright through rough terrain and

- breathe without using special equipment
- It is strongly recommended that participants talk to their doctor to see if this is an appropriate program for their health.
- **Parking:** Parking for Adaptive Lessons is available near the Adaptive Building.
- **Cancellation Policy:** All cancellations must be made at least 24 hours in advance.

Mad River Mountain

1000 Snow Valley Rd
Zanesfield, OH 43360



Mailing Address: PO Box 22, Bellefontaine, OH 43311

Phone: (800) 231-SNOW (7669)

Website: <http://www.skimadriver.com/>

E-mail: info@skimadriver.com

- Ages: Youth and adults
- Adaptive Snow Sports lessons provided by the non-profit organization, The Adaptive Adventure Sports Coalition (TAASC)
- Lessons available on Saturdays in January and February
- Private appointments are available for weekdays and evenings
- Initial session runs 2.5 hours

Soccer

North Dayton T.O.P. Soccer

Website: <http://www.northdaytontopsoccer.com/>

Email: ehelman9@gmail.com

- Serving athletes with special needs ages 5 and up
- Teams are grouped by age and ability
- Players can sign-up on the website under JOIN US – Signup for TOP Soccer, pre-registration deadline usually ends in early August
- Practices usually begin at the end of August
- First game is usually in late September
- Affiliated with the *U.S. Youth Soccer Association & Ohio South Youth Soccer Association*

South Dayton T.O.P. Soccer

Phone: (937) 985-7735

Website: <http://southdaytontopsoccer.com/>

Email: southdaytontopsoccer@gmail.com

- Serving athletes with special needs ages 5 and up
- Teams are grouped by age and ability
- Practices usually begin at the end of August
- First game is usually in late September
- Informational meetings are usually held at the end of **July** at the Centerville Library, 111 W Spring Valley Rd, Centerville, OH 45458
- Players can sign-up in July
- Supported by the Centerville Noon Optimist Club
- Affiliated with the *U.S. Youth Soccer Association & Ohio South Youth Soccer Association*

Swimming

(also see offerings at the Kettering Recreation Center)

ABC Pediatric Therapy

Website: <http://www.abcpediatrictherapy.com/>

Aquatic Therapy: <http://www.abcpediatrictherapy.com/ready-set-swim/>

Beavercreek Location:

3817 Colonel Glenn Hwy

Beavercreek, OH 45431

Phone: (937) 427-9200

Email: jary@abcpediatrictherapy.com

Miamisburg Location:

3449 Newmark Dr

Miamisburg, OH 45342

Phone: (937) 281-1286

Email: efricke@abcpediatrictherapy.com

- Contact the closest location and ask about Aquatic Therapy options
- A physical therapy evaluation will need to be conducted

Aqua Tots

Beavercreek Location:

2451 Lakeview Dr
Beavercreek, OH 45431

Phone: (937) 886-4321

Website: <https://www.aqua-tots.com/locations/usa/ohio/beavercreek/>

Springboro Location:

716 N Main St
Springboro, OH 45066

Phone: (937) 886-4321

Website: <https://www.aqua-tots.com/locations/usa/ohio/springboro/>

- Aqua Tots offers Specialty Classes for individuals with special needs
- One-on-one instruction is available in the Special Needs Adaptive Program

Tennis

Buddy Up Tennis

Kettering Tennis Center
4565 Gateway Circle
Dayton, OH 45440



Phone: (937) 222-0744

Website: <http://buddyuptennis.com/>

MVDSA Program information: <http://www.mvdsa.org/programs/buddy-tennis>

Email: Dayton@BuddyUpTennis.com

- Individuals with **Down Syndrome**, ages 5 and up may participate
- Spring activity usually starts in early March
- Additional fee for non-MVDSA members

Track

Centerville Special Elk Track & Field

Hotline: (937) 619-9355 (weather updates and important information)

Website: <http://www.specialelktrack.org/>

Email: specialelktrack@gmail.com

- Open to ALL athletes with special needs ages 8 and up
- Registration usually starts in February
- Practice usually begins in the middle of March starting at 6:00 pm at the Cline Elementary school playground, 99 Virginia Ave, Centerville, OH 45458
- End of the season participation in the Special Olympics Regional Track Meet
- Run by parents and volunteers

Theatre

The Children's Theatre of Cincinnati

The Taft Theatre
317 E Fifth St
Cincinnati, OH 45202



Website: www.thechildrenstheatre.com
<https://www.thechildrenstheatre.com/mainstage/sensory-friendly-performances1>

- Sensory-friendly performances are intended for individuals on the autism spectrum and others with special needs who may benefit and their families
- Performance schedule changes
- 60 minutes without an intermission
- You must order wheelchair accessible seats in advance
- To purchase tickets, **please call Pam Young at (513) 569-8080 ext. 13 or email pam.young@tctcincinnati.com.**

Brighter Connections Theatre (BCT)

In collaboration with:
University of Dayton's Department of Theatre, Dance &
Performance Technology

All rehearsals and performances:

Fitz Hall
1529 Brown St
Dayton, OH 45409



Phone: (937) 469-0628

Website: <http://www.brighterconnectionstheatre.com/>

Email: bctdayton@gmail.com

- BCT aims to work with students with special needs through the therapeutic use of theatre
- Summer program where cast members will be working together to achieve social, behavioral, and communication goals over the course of the six weeks. A combination of theatre elements such as role play and educational best practices are used to create both an effective and creative learning environment.
- Youth Program – ages 8 through 14
- Young Adult Program – ages 15 through 18
- Registration usually begins in **early March**

Zoos

Cincinnati Zoo & Botanical Garden

3400 Vine St
Cincinnati, OH 45220

Phone: (513) 281-4700

Website: <http://cincinnati-zoo.org/>



- All exhibits and facilities are handicapped accessible
- Family overnight options
- Summer camps are available for both full-day and half-day

Columbus Zoo

4850 West Powell Rd
Powell, OH 43065

Phone: (800) MONKEYS or (614) 645-3550

Website: <https://www.columbuszoo.org/home>



- All exhibits and facilities are handicapped accessible
- Family overnight options
- Summer camps are available for ages 3 through 10th grade

Other Sources of Interest

Our Brave Kids

Website: <http://ourbravekids.com/>

- A resource for families in Montgomery County Ohio
- Contains an online calendar of events for people with disabilities

Red Tree House

Website: <http://www.redtreehouse.org/main>

- Search by County for Recreation/Leisure opportunities
- Red Treehouse established through a partnership between Ohio Family and Children First (OFCF) and the Ronald McDonald House® of Cleveland, Inc. (RMH)
- Online resource database

Space Camp for Interested Visually Impaired Students

U.S. Space & Rocket Center
One Tranquility Base
Huntsville, AL 35805

Dan Oates, Coordinator, SCI-VIS
190 Armstrong Street
Romney, WV 26757-1407
Email: scivis@atlanticbb.net



Phone: (304) 851-5680 (for the Camp coordinator)

Website: <http://www.scivis.org/>

- A week long camp that takes place at the US Space and Rocket Center in Huntsville, Alabama
- Usually held in September
- Coordinated by teachers of the visually impaired
- Accessible; computers used by VI students in the Space Camp Programs

A Family Quick Guide to Recreation & Leisure



“LIFE (Leisure Is For Everyone!)”

5 Ideals for Recreation & Leisure:

1. Normalization – as close to typical services as possible
2. Social Role Valorization – positive social role in the community
3. Self-determination – freedom of individual to select the recreation or leisure activity
4. Interdependence – relationships between a person with a disability and typical peers
5. Inclusion – social co-involvement in the community

Where to start:

- Activities should be safe, fun, and meaningful to the person with a disability
- Focus on your child’s interests, but explore other activities as well
- Network to find available options (Rec. Centers, YMCAs, Parks, Agencies, Churches, etc.)
- Develop a proactive plan
 - Meet the coach or leader ahead of time if possible
 - Share information in advance about your child to avoid stereotyping
 - Participant profile/*About Me* document
 - Help establish a “Person Centered” experience for your child
 - Be prepared to educate others on the manifestations of your child’s disability
 - Join an activity with a sibling or friend
- Consider Inclusive/Integrated vs. other recreation program options
 - Inclusive program – with typical peers
 - Equal opportunity to participate may require program accommodations
 - Adapted program – with other peers with a disability
 - Therapeutic program – facilitated by a qualified professional
- Teach your child to self-advocate
- Encourage Social Skills development
 - Foster new friendships
 - Develop community connections
- Focus on “ability” not “disability”
 - Be flexible and adaptable and request the same from providers
 - Focus on your child’s unique potential
- Do not give up, even though every experience may not be positive
 - Be persistent and try new recreation or leisure activities
 - Remember connections take time

References:

1. Bullock, Charles C., Charles L. Killingsworth, and Michael J. Mahon. *Introduction to Recreation Services for People with Disabilities: A Person-Centered Approach. 3Rd Edition.* Urbana, IL: Sagamore, L.L.C., 2010. Print.
2. Osterfeld, Scott, OADSP. *Making a Difference: The Art of Community Connecting.* Rep. N.p.: n.p., 2011. Print.

Some options include:

- Sports
 - Competitive
 - Recreational
 - Adapted
- Community Recreation Centers
- Parks (Day Camps, Hiking, Education, Community Gardening, etc.)
 - Inquire about Outreach programs
 - Ask about accessibility
- Playgrounds
 - Join or start a playgroup
- Libraries (Book Clubs, Teen Clubs, etc.)
- Museums
- Theatre Groups
- Arts & Crafts
- Social Groups (Gaming Clubs, Card Clubs, etc.)
- Church Groups (Choir, Clubs, Special events, etc.)
- Agency Sponsored Programs

School Age

- Join School Clubs or Sports Programs
- Reach out to Occupational Therapists, Physical Therapists, Adapted Physical Education (APE) Teachers, and Parent Mentors for ideas and resources
 - Assistive Technology (AT) needs
 - Adaptive Equipment needs
 - Social Stories or other Communication needs
 - Sensory needs

After Graduation

- Explore Family Centered Leisure Activities
- Research Leisure Education
- Develop a Leisure Action Plan to promote independent activity selection
 - Choice Book – preferred activities
 - Action Plan Cards – Agenda like entries that may include, “What”, “With Whom”, “Where”, “When”, and necessary equipment
- Explore Adult Services

“You may never know what results come from your action. But if you do nothing, there will be no result.” – Gandhi

References:

1. Bullock, Charles C., Charles L. Killingsworth, and Michael J. Mahon. *Introduction to Recreation Services for People with Disabilities: A Person-Centered Approach. 3Rd Edition.* Urbana, IL: Sagamore, L.L.C., 2010. Print.
2. Osterfeld, Scott, OADSP. *Making a Difference: The Art of Community Connecting.* Rep. N.p.: n.p., 2011. Print.